

We trained 908 people in Individual Placement and Support (IPS) to help people with mental health problems into paid work.

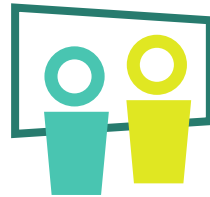
## OUR IMPACT IN 2025



Through our Councils network, we equipped 420 people to support better mental health in their communities.



We hosted 21 events welcoming 1,079 attendees to explore topics including children and young people's mental health and severe mental illness.



We shared 44 blogs, embedding lived experience within our work and influencing policy.



### POLICY



- ◆ We called for an end to the two-child limit to Universal Credit, which the Government has now accepted and will implement next year.
- ◆ We campaigned for a modernised Mental Health Act and for improvements to the Bill as it went through Parliament.
- ◆ We called for more and better mental health support in schools, and there is now a national plan to expand provision to all schools in England by 2029.
- ◆ We spoke out about the risks of restricting people's rights to disability benefits, following which the Government adapted its plans and is now reviewing evidence for what needs to change.
- ◆ We supported the creation of a new Youth Strategy to improve young people's life chances.

### RESEARCH



- ◆ We published 16 reports and briefings on a huge range of topics including crisis and acute care, physical activity and severe mental illness, substance use, and barriers and facilitators to voting.
- ◆ We welcomed the Government's decision to reform youth justice provision for girls, following our research on the urgent need for change in the children and young people's secure estate.
- ◆ We set out the evidence of what works to improve children and young people's mental health and prevent mental health difficulties.
- ◆ We published evaluations of innovative community-based and trauma-informed approaches to mental distress.

Help us continue to drive change in mental health:

[www.centreformentalhealth.org.uk/donate/](http://www.centreformentalhealth.org.uk/donate/)