

OUR VISION IS A MENTALLY HEALTHIER FUTURE

WHERE:

Our essential needs are met so we can all have better mental health.

We can all get the mental health support we need at the right time.

No one faces inequity or injustice because of their mental health.

CENTRE FOR
MENTAL
HEALTH

To create a mentally healthier future for all, over the next five years to 2030, we will:



BUILD KNOWLEDGE
for better mental health

...through ground-breaking research, economic analysis, evaluation, assessments, and support to local systems

CONVENE
people and communities

...through our nationwide networks and by working alongside community and user-led groups

SPEAK OUT
about inequity & injustice

...through our communications and our policy advocacy and influencing; by using our voice to tackle racism and discrimination

LEAD
and support leadership
in mental health

...by generating and testing ideas, supporting local leaders, and promoting just and fair policies and practices on a foundation of independence

LEARN
and provide learning
opportunities

...through our training, with our partnerships, by challenging ourselves to work differently, and by continuing our work towards anti-racism

TOGETHER, WE CAN CREATE A FUTURE WHERE:

- Everyone has a fair chance of lifelong, good mental health
- It's accepted that the mental health of our society is affected by multiple overlapping factors such as race, age, gender and financial inequality
- Everyone lives in mentally healthier communities, learns in mentally healthier schools, works in mentally healthier businesses, and thrives in a mentally healthier society
- People who live with mental illness enjoy equal citizenship, opportunity, and life expectancy
- Mental health services are co-designed and coproduced with the people and communities they serve
- Mental health is at the heart of national and local government, informing decision-making at every level.

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