

Why employment?

- Gives structure, meaning and purpose to life.
- Improves income level.
- Increases social contacts.
- Good for your health and recovery.

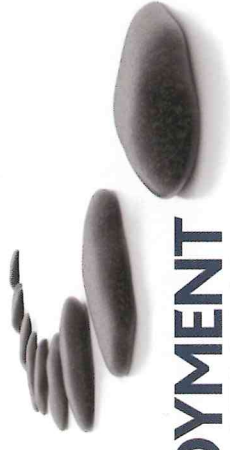
The availability of the service

- The service is provided from Monday to Friday 9am - 5pm.
- Support outside of these times is available to meet individual needs.
- You can self refer to the service or access it through your care co-ordinator.

positive

“I feel much better about myself now that I have a job”

“Holding down a job is not always easy but it has helped my self esteem”



EMPLOYMENT CONNECTIONS

recovery through work

Contact Details

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Employment Connections Service

600 Wells Road
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Nottingham
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[www.nottinghamshirehealthcare.nhs.uk/
employment-connections](http://www.nottinghamshirehealthcare.nhs.uk/employment-connections)

Have **you**
thought about
getting a **job?**

Why we provide the service

- Employment is an achievable goal for many people who have experience of severe mental health difficulties.
- Through positive support significant barriers to employment are removed.
- The stigma associated with mental illness is effectively challenged with positive role models in the work place.
- There is a genuine demand for this service from people in recovery.

What we offer

We aim to:

- Assist our jobseekers in securing paid work thorough one to one support, advice and guidance.
- Provide ongoing support to the individual and the employer, once a work placement is secured.
- Develop partnerships with local employers in order to provide paid work opportunities.
- Provide an accessible service, with appointments arranged to suit individuals' needs.

We achieve

these aims through:

- One to one advice and support to search for the jobs of your choice.
- A personalised action plan
- Meeting on a regular basis throughout the support process
- Support to manage your condition
- Liaison with other people involved in your care pathway
- Benefits advice
- Work with local employers
- Help with CVs, application forms and interview preparation



**Employment gives structure,
meaning and purpose to life.**