

## about us

Established in 1987, **mcch** is a charitable organisation that supports people with disabilities across the South-East.

For over 10 years **mcch** has been providing employment & vocational services for people with disabilities.

This employment service has been established to support individuals with mental health needs to find and/or retain employment. We work directly with individuals, GPs and partner organisations to improve and promote the link between good health, work and the need for work life balance.

“ Aspirations is a great place to gain confidence and self-esteem. All the staff were helpful and it is a great asset to those who need it most ”

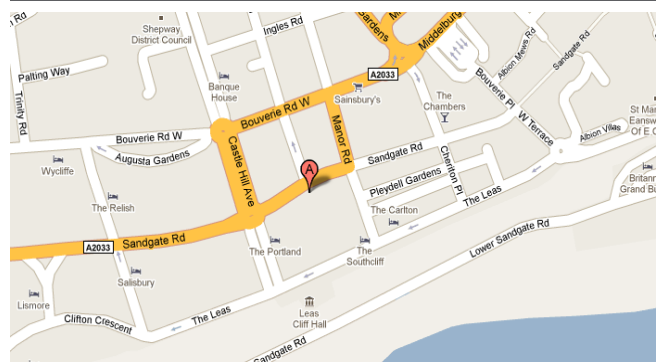
promoting positive mental wellbeing

## contact us

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**mcch** is an industrial and provident society with charitable status number 25577R



## confidentiality

We believe in respecting and maintaining your confidentiality. We will not share your personal information unless we have your permission or we have to because of our duty of care to protect your health, safety and wellbeing and that of others.

To read this brochure in a different language or more accessible format, contact us today.



[www.mcch.co.uk](http://www.mcch.co.uk)



## Aspirations Employment Service

Folkestone, Kent



supporting your journey into work

[www.mcch.co.uk](http://www.mcch.co.uk)

## our service

Aspirations is based in the centre of Folkestone and has been set up to support people with mental health needs in the Shepway area.

We are an employment service and have been operating since 1999. The service is designed to assist individuals to gain and maintain work.

As part of this service we offer guidance and individually tailored support programmes that are time unlimited.

### Working in Partnership

We work closely with local employers, Jobcentre Plus, GPs, Community Mental Health Team, Citizens Advice Bureau, Pathways to Work and business networking groups like the Chamber of Commerce and Bizlinx.

We operate on an equal opportunity basis, promoting the awareness and sensitivity of all individuals.



▶ promoting positive mental wellbeing

## services we provide

We can support any individual, living or working in Shepway, who has a mental health related concern that is affecting their ability to find work or retain current employment.

### We support you to:

- ▶ retain employment if signed off sick or struggling at work due to mental health issues
- ▶ access work experience opportunities
- ▶ gain paid employment
- ▶ access relevant training and education related to work
- ▶ develop your skills to improve your confidence and update your work

In addition to this support we provide information on funding and access to work grants. Also information and guidance on the Equality Act can be discussed.

Mental health awareness training for employers and other voluntary and community groups can be arranged.



## accessing the service

Referrals can be made by the Community Mental Health Team, your GP, your employer or you can self-refer by contacting us via the details on the reverse of this leaflet.

If the person is using the Community Mental Health Team, we require information about the individual's risk assessment and care plan.

Once a referral is received, a named Caseworker will contact you to book an appointment, where information will be gathered and a tailor made support package established.

### Employer Testimonial:

*My main worry was that the individual would be unable to carry out more complicated tasks and would have to have constant supervision. These worries were in the main unfounded as the employee was more than capable of carrying out the administration and other tasks set. When issues did arise the initial support was very prompt and good.*

*I would say that the service you offer can be invaluable both to an employer, and employee, and therefore I would recommend your organisation to anyone.*

*Mr. Wells - Bizlinx Kent*