



2021 IMPACT REPORT

Centre for Mental Health is an independent, not for profit thinktank dedicated to eradicating mental health inequalities and injustice by changing policy and practice.

Here's how we've been doing that this year...

We supported the NHS in England to get **Covid-19 and flu vaccines** to people living with severe mental illness.

We worked with local councils in Greater Manchester to **boost mental health and reduce inequalities** in their communities.

We've been working on **41 projects**



on everything from student mental health, supported housing and racial injustice



We began a major new project with UK Youth and the Diana Award to support a new generation of **young Changemakers from racialised communities**.

We provided evidence-based forecasts of the **mental health impacts of the pandemic** to government and the NHS in England.

We reached over **350** people through training, advice and webinars



on running IPS services

We advocated for changes to new health and care legislation to boost equality for mental health in **integrated care systems**.

We reached over



180,000 people
... with our research and
thought leadership



We shared the experiences of girls in the **Children and Young People's Secure Estate**...

... and reported on **mental health in prisons** during the pandemic.



"Your publications are always a go-to for me"

Mark Wright,
Early Intervention in
Psychosis service

We reported on the experiences of people with long-term physical conditions about their mental health and initiated the **#AskHowIAm** campaign with National Voices.

We published 84 personal stories about **how Covid-19 affected people's mental health** through our ground-breaking A Year in Our Lives project.

We **delivered free webinars** sharing key information on mental health inequalities and the need for comprehensive investment in children's mental health.

"No one I knew had died but it consumed me"

"I've had the perfect excuse to go nowhere and see no-one"



We created a space for **new ideas about mental health** through our Writer in Residence programme.

Thank you to all our funders, supporters and partners who made our work possible.

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