



**Magnox North**

**Occupational Health  
Wylfa Power Station**

# Corporate Health Standards Health at Work

*The Impact of winning the Gold Award*

Date: 27<sup>th</sup> November 2008

Wylfa Occupational Health Dept



# Wylfa Power Station

- 650 Staff
- 250 + Contractors
- 30 Agency
- 25% of staff are women
- Average age of employees 47 yrs
- 80% of staff are welsh speakers

# Occupational Health Services

- Health Surveillance
- Health Supervision
- Workplace Assessments
- Counseling
- Physiotherapy/ Alternative Therapy
- Training and Health Education
- Travel Advice

# Changes following the Gold Award

- Implementation of Canteen Working Group
- Nutrition Policy
- Application to the Sports Council for Wales for grant
- Physical Activity Policy
- Work to Health Research
- Promoting Well being at Work Research



Wylfa Occupational Health Dept