

SAINSBURY CENTRE
for MENTAL HEALTH

removing barriers achieving change



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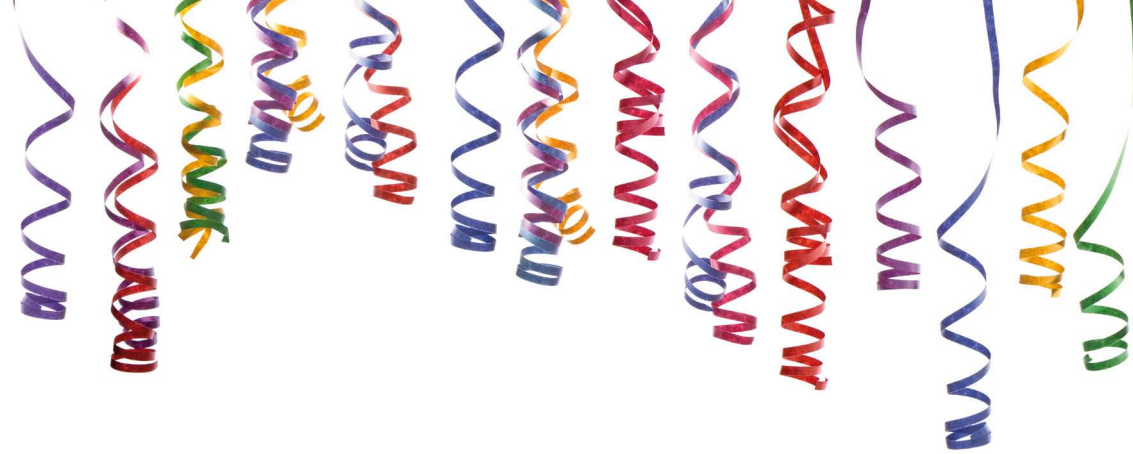
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The Sainsbury Centre for Mental Health works to improve the quality of life for people with mental health problems by influencing policy and practice in mental health and related services.

We focus on criminal justice and employment, with supporting work on broader mental health and public policy.

The Sainsbury Centre was founded in 1985 by the Gatsby Charitable Foundation, one of the Sainsbury Family Charitable Trusts, from which we receive core funding.

Charity Reg no: 1091156



60 years of the NHS

Happy
Anniversary



Do the day and vocational services you commission enable people with mental health problems to live the lives they want to live?

Are they based on the evidence of what works?

The evidence is clear. Commissioners hold the key to services that put people in control of their lives. They can turn services around by finding out what their users want.

Too many people with mental health problems are excluded from mainstream services but commissioners can put this right.

Put people and their choices at the heart of commissioning and World Class commissioners can create the services that will serve people best – services that foster aspiration, promote hope and encourage belief in recovery and the capacity for work.

Now is the time for World Class commissioners to create world class services that the NHS can be proud of for another sixty years.

Dear World Class Commissioner,

As the NHS celebrates its sixtieth anniversary, we're celebrating the great opportunity that commissioners now have to promote aspiration and equality in mental health services across the UK.

Of course, no anniversary would be complete without presents, so visit www.scmh.org.uk/employment to access free resources to help you in your work.

Best wishes for a healthy future,

*On behalf of
Sainsbury Centre for Mental Health*