

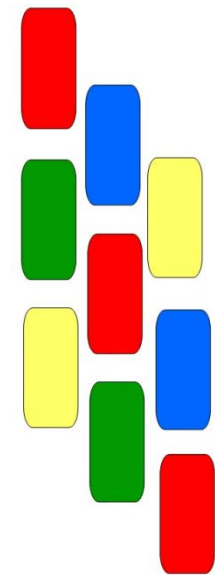
# health@work



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Health@Work is a voluntary sector organisation focused on reducing and preventing workplace ill-health

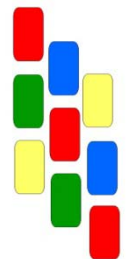
Reputation for a pioneering role in testing and launching innovative solutions to workplace health problems, and for effective service provision.



# Delivery overview

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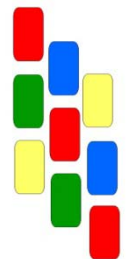
- **Work with businesses – traditional health & safety, audits and assessments. Policies and procedures, training, sickness absence management, workplace health questionnaire.**
- **Campaign work – health, work and well-being – smoking, alcohol, diet, exercise and mental health, smoking, sexual health.**
- **Individuals – workplace health support service offered through GP surgeries and in City Centre**
- **Links to 'Fit for Work'**



# Individual Support

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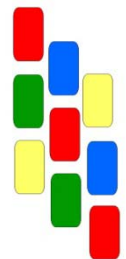
- Workplace Health Advisors based in GP surgeries and in city centre base.
- Non medical, independent, case managed approach to workplace health - giving advice on health & safety, employment law, improving conditions at work, mediation etc.
- Based on early intervention and prevention - to improve job retention and rehabilitation. Helping employees to manage their health conditions and employers to manage their return to work
- Working with the individuals, their employers, trade unions, health practitioners and other appropriate agencies.
- Service model was developed following feedback from a Workplace Health Questionnaire (WHISQ) originally carried out in GP surgery waiting rooms, where 20% of patients said they were attending with a work related issue.



# Benefits

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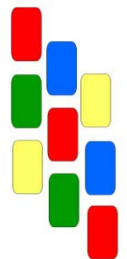
- Reduction in GP certification
- More appropriate use of clinicians and therapists time
- Reduced sickness absence and improved staff morale
- Improved job retention and rehabilitation
- Reduction in flow of IB claimants
- Improved networking of and access to advice and support agencies
- Engender greater understanding of the links between health and employment with employers and the wider community



# Feedback

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- *From GP's*
- *"I feel this has been the most useful new service to my patients since entering General Practice 17 years ago"*
- *"Very positive feedback from patients"*
- *"Takes strain off frontline staff, avoids medicalising work related issues"*
  
- *From clients*
- *"It is difficult to convey just how supportive these sessions have been. The adviser offered both emotional support and practical written advice. She spent a great deal of time with me ... I have no hesitation in stating that without the support of my adviser during recent months, the effects on my health would have been even more profound."*
- *"I went through a very traumatic experience ... through Health@Work I was given unconditional support so much so I was able to go back to work. Health@Work is my new best friend. Thank you."*



# Research and Evaluations

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- Independent evaluations – available via website [www.healthatworkcentre.org.uk](http://www.healthatworkcentre.org.uk)

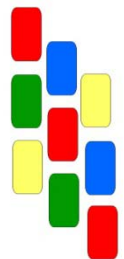
- Liverpool PCT funded research into the benefits of non-medical interventions. To be carried out by Liverpool University.

A pilot feasibility study comparing outcomes for people who receive H@W support with people who have usual GP care. Comparing;

- return to work rates
- Work retention rates
- Sickness absence certification rates

Using

- A general health questionnaire
- Qualitative interviews
- Data collected at baseline and 4 months. Practices matched on postcode and deprivation scores; 50 intervention and 50 controls.



# HWWB CAMPAIGN - LIVERPOOL

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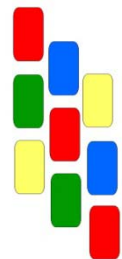
Healthy workplaces, designed to protect and promote health and well-being, are key to preventing illness arising in the first place. It is important that employers provide and maintain them. Current campaigns;

Alcohol Awareness – Clarity / PSST Campaign

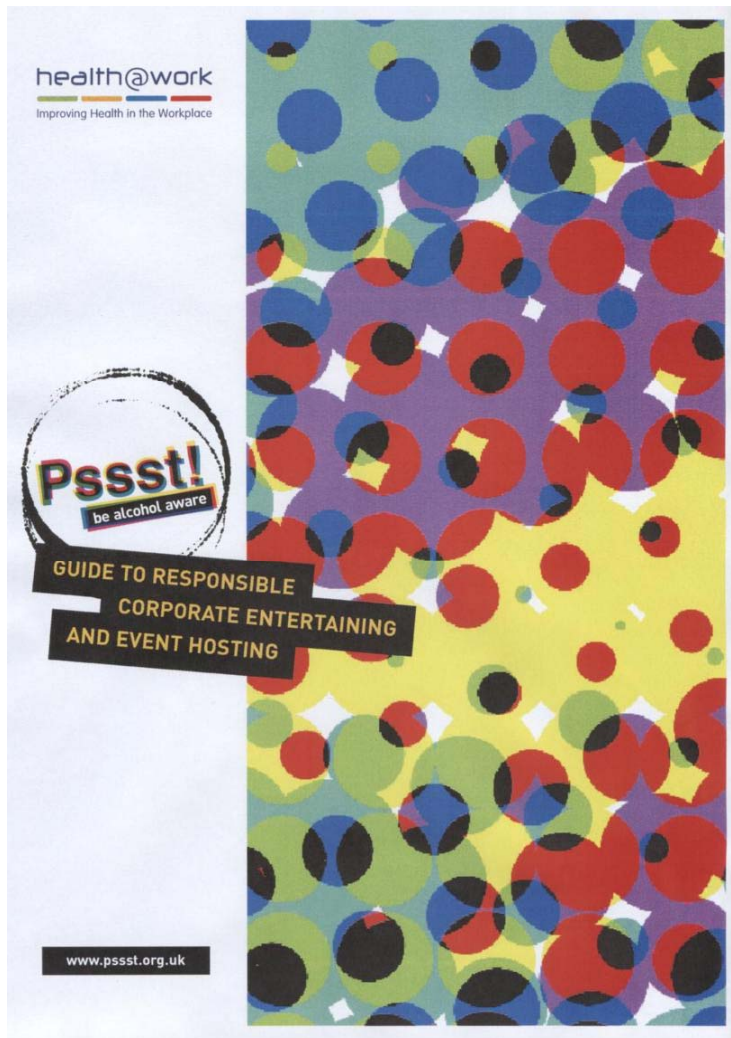
Diet & Exercise – Liverpool Challenge

Mental Health ,Sexual Health, & Accident and Ill-health Prevention

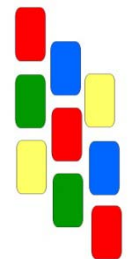
Delivered in Partnership by:



# Health@Work resources



[www.healthatworkcentre.org.uk](http://www.healthatworkcentre.org.uk)



# Contact Details

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